



April 2010

## Guidance for Diagnosis Coding For Mental Health and Developmental Disorders in Infants and Toddlers

The Alaska Medicaid program supports the use of the *Diagnostic Classification of Mental Health and Developmental Disorders in Infancy and Early Childhood-Revised (DC: 0-3R)* as tool by health care providers to assist their efforts to report the mental health and developmental disorder diagnosis of young children from birth through age five. The *DC: 0-3R* was developed by consensus of a multidisciplinary group of experts in early childhood development and mental health drawing on more than 25 years of empirical research and worldwide clinical practice.

Use of the *DC: 0-3R* will help both primary health care practitioners and mental health clinicians to more accurately report diagnoses for infants and toddlers experiencing mental health and/or developmental disorders. Although providers are not required to use the *DC: 0-3R*, the Alaska Medicaid program encourages providers to make use of this tool when diagnosing young children.

Providers are reminded that clinical records must support the given diagnosis through assessment processes and that claims to bill for services rendered require diagnosis codes using exclusively the *International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM)* code set. Because the *DC: 0-3R* codes do not align precisely with the *ICD-9-CM* codes, the table below is a "cross-walk" between these two coding systems. Also, in some cases, the *ICD-9-CM* codes listed below may require additional 4<sup>th</sup> or 5<sup>th</sup> digits to ensure code validity.

Please contact Shirley Pittz at 907-269-8923 with the Office of Children's Services Infant Learning Program with questions about the use of *DC: 0-3R*.



**DC: 03R – Diagnosis**  
**Axis 1**

**ICD-9-CM Diagnosis**

100.	Posttraumatic Stress Disorder	308.3	Other acute reactions to stress
		309.81	Prolonged post-traumatic stress disorder
150.	Child Abuse and Neglect Maltreatment Disorder	308.4	Mixed disorders as reaction to stress
		308.9	Unspecified acute reaction to stress
		313.89	Other or mixed emotional disturbances of childhood or adolescence, Other – (Reactive Attachment Disorder)
<b>200.</b>	<b>Disorders of Affect</b>	313.9	Unspecified emotional disturbance of childhood or adolescence
<b>210.</b>	<b>Prolonged Bereavement/Grief Reaction</b>	300.0	Brief depressive reaction
		300.1	Prolonged depressive reaction
<b>220.</b>	<b>Anxiety Disorders of Infancy and Early Childhood</b>	300.00	Anxiety state, unspecified
221	Separation Anxiety Disorder	313.0	Overanxious disorder
222	Specific Phobia	300.1	Separation Anxiety Disorder
		300.29	Other isolated or specific phobias
223	Social Anxiety Disorder (Social Phobia)	300.23	Social Phobia
224	Generalized Anxiety Disorder	300.02	Generalized Anxiety Disorder
225	Anxiety Disorder NOS	300.0	Anxiety, unspecified
<b>230.</b>	<b>Depression of Infancy and Early Childhood</b>	311	Depressive disorder, NOS
231.	Type I: Major Depression	300.4	Dysthymic disorder
		313.1	Misery and unhappiness Disorder
		296.2	Major Depressive Disorder, single episode
		296.3	Major depressive disorder, recurrent episode
		301.1	Prolonged depressive disorder
232.	Type II: Depressive Disorder NOS	311	Depressive disorder, NOS
<b>240.</b>	<b>Mixed Disorder of Emotional Expressiveness</b>	313.8	Other or mixed emotional disturbances of childhood or Adolescence
		313.9	Unspecified emotional disturbance of childhood or adolescence

**300. Adjustment Disorder**

- 309. Adjustment Reaction
- 309.0 Adj. Dis. w/depressed mood
- 309.2 w/predominant disturbance of other emotions (range from 309.21-309.29)
- 309.3 Adjustment disorder w/disturbance of conduct
- 309.4 Adjustment disorder w/mixed disturbance of emotions and conduct
- 309.8 Other specified adjustment reactions (range from 309.81- 309.89)
- 309.9 Unspecified adjustment reaction

**400. Regulation Disorders of Sensorimotor Function**

410. Hypersensitive

411. Type A: Fearful/Anxious

412. Type B: Negative Defiant

420. Hyposensitive/Underresponsive

430. Sensory Stimulation-Seeking/

- 313.9 Unspecified emotional disturbance of childhood
- 313.22 Sensitivity/shyness disorder of childhood
- 313.22 Introverted disorder of childhood

- 313.81 Oppositional defiant disorder
- 313.9 Unspecified emotional disturbance of childhood or adolescence

- 313.2 Sensitivity, shyness, and social withdrawal disorder
- 313.9 Unspecified emotional disturbance of childhood

- 314 Hyperkinetic syndrome of Impulsive Childhood (range of diagnosis from 314.0– 314.9)
- 313.9 Unspecified emotional disturbance of childhood

**500. Sleep Behavior Disorder**

- 307.40 Non-organic sleep disorder, unspecified
- 307.47 Other dysfunctions of sleep stages or arousal from sleep
- 307.49 Other

**510. Sleep-Onset Disorder (Protodyssomnia)**

- 307.41 Transient disorder of initiating or maintaining sleep
- 307.42 Persistent disorder of initiating or maintaining sleep

307.41	Transient disorder of initiating or maintaining sleep
307.42	Persistent disorder of initiating or maintaining sleep
307.46	Sleep arousal disorder
307.47	Other dysfunction of sleep stages or arousal from sleep
307.5	Other and unspecified disorders of eating
307.49	Eating disorder, unspecified
307.59	Other (Feeding disorder of infancy or early childhood of non-organic origin)
600.	<b>Feeding Behavior Disorder</b>
601.	Feeding Disorder - State Regulation
602.	Feeding Disorder - Caregiver/Infant Reciprocity
603.	Infantile Anorexia
604.	Sensory Food Aversion
605.	Feeding Disorder Associated w/Other Medical Condition
606.	Feeding Disorder Associated w/Insults to Gastro-Intestinal Tract
700.	<b>Disorder of Relating and Communicating</b>
299.0-299.9	Pervasive developmental disorders (range from 299.0 – 299.9)
315.9	Developmental disorder NOS
710.	<b>Multisystem Developmental Disorder (MSDD)</b>
299.0-299.9	Pervasive developmental disorders (range from 299.0 – 299.9)
315.9	Developmental disorder NOS
V61.20	Parent-Child Relational Problem
V61.21	Child Neglect/Physical Sexual Abuse
V61.8	Sibling Relational Problem
V61.9	Relational Problem Related to a Mental Disorder - General Medical Condition
V62.82	Bereavement
V71.02	Child or Adolescent Antisocial Behavior

The use of V-codes are subject to additional medical necessity reviews.

The *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood - Revised Edition (DC:0-3R)* may be ordered from: Zero to Three, 2000 M St., NW, Ste. 200, Washington, DC 20036-3307. [www.zerotothree.org/estore](http://www.zerotothree.org/estore)