



Alaska Medical Assistance

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Remittance Advice (RA) Message

Title: **Alaska DOH Introduces Fresh Start**

Issue Date: 02/06/2023

Run Length: 8 weeks

Provider Type(s): All

Message: Alaska Department of Health's new campaign, [Fresh Start](#), connects Alaskans to free programs for better health. Many programs are available online or by phone to lose weight; lower blood sugar; lower blood pressure; and stop smoking, vaping, or chewing tobacco. For more information, visit freshstart.alaska.gov . Please share Fresh Start and its free, flexible programs with your patients.